

AGE-SPECIFIC ADL/IADL ANSWER CHOICES FOR CHILDREN'S LONG TERM SUPPORTS PROGRAMS

Age: 4 – 6 Years

ADL

Bathing

4 years to 6 years

- ☐ Needs adaptive equipment.
- ☐ Is combative during bathing (e.g., flails, takes 2 caregivers to accomplish task).
- ☐ Needs complete physical assistance.
- ☐ Needs to be lifted in and out of bathtub or shower.
- ☐ None of the above apply.

Grooming (brushing teeth, washing hands and face)

4 years to 6 years

- ☐ Is combative during grooming (e.g., flails, clamps mouth shut, takes two caregivers to accomplish task).
- ☐ Unable to wash hands.
- ☐ None of the above apply.

Dressing

4 years to 6 years

- ☐ Needs physical assistance with getting clothing on. This does not include fasteners such as buttons, zippers, and snaps.
- ☐ None of the above apply.

Eating

4 years to 6 years

- ☐ Receives tube feedings or TPN.
- ☐ Requires more than three hours per day for feeding or eating.
- ☐ Needs to be fed.
- ☐ Needs one-on-one monitoring to prevent choking, aspiration, or other serious complications.
- ☐ None of the above apply.

Toileting

4 years to 6 years

- ☐ Incontinent during the day (of bowel and/or bladder).
- ☐ Needs physical help, step-by-step cues, or toileting schedule.
- ☐ None of the above apply.

Mobility

4 years to 6 years

- ☐ Does not walk or needs physical help to walk.
- ☐ Uses a wheelchair or other mobility device not including a single cane.
- ☐ None of the above apply.

Transfers (does not include bathtub or shower)

4 years to 6 years

- ☐ Needs physical help with transfers.
- ☐ Uses a mechanical lift.
- ☐ None of the above apply.

IADL

Communication

4 years to 6 years

- ☐ Assessment or evaluation within the last year indicates greater than 35% delay or 2 Standard Deviations (SD) below the mean on a norm referenced tool in receptive and expressive language.

Assessment Date: _____ (mm/yyyy)

Assessment Tool: _____
See list of "Norm-Referenced Assessment Tools for Communication and Learning"

Other: _____

- ☐ Uses adaptive equipment to communicate.
- ☐ Does not know at least 3 prepositions (e.g., in, on, under).
- ☐ Does not combine 3 or more words into a meaningful sentence.
- ☐ Does not answer "what" or "where" questions.
- ☐ Does not follow a series of two simple related instructions.
- ☐ None of the above apply.

Learning

4 years to 6 years

- ☐ Assessment or evaluation within the last year indicates greater than 35% delay or 2 Standard Deviations (SD) below the mean on norm referenced tool in cognitive development.

Assessment Date: _____ (mm/yyyy)

Assessment Tool: _____
See list of "Norm-Referenced Assessment Tools for Communication and Learning"

Other: _____

- ☐ Has full scale IQ score of 75 or less.
- ☐ Does not match identical objects or pictures.
- ☐ Does not know 3 colors or shapes.
- ☐ Does not count 3 objects.
- ☐ None of the above apply.